

The Role of Nursing in Health Volunteering and its Impact on Society

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Abstract

This study aims to what is health volunteering and its impact on society, the impact of nursing on health volunteering and its impact on society, the role of nursing and its impact on health services provided to society, the impact of health volunteering and its role in society, A questionnaire was prepared via Google Drive and distributed to the population aged 25-55 years, men and women, in the city of Mecca. As for the questionnaire, it was distributed via the social networking program (WhatsApp) for the purpose of distancing for fear of the presence of the Corona virus, 390 questionnaires were distributed, and 380 responses were obtained via email to the principal researcher.

Keywords: The role, of nursing, in health volunteering, and its impact on society.

1. Introduction

The Oxford dictionary has defined the word voluntary as free will done, give or acting and working, done or maintained without payment (1). Ibsen and Habermann further explain voluntary work as any unpaid labor offered to nonprofit institutions. (2.) Factors affecting the definition include the following, firstly, people from areas where there is a widespread of “forced” volunteering, and have negative perception of volunteering. Secondly, in some cultures, it is expected to help and or assist others of their community and people do not tend to give a special appreciation to volunteering. Thirdly, there have also been arguments whether coverage of out-of pocket expenses such as meals or modest out-of-pockets expenses should be available to volunteers or un-paid workers. Finally, assistance offered to family members is generally unaccepted as a voluntary work, but the meaning and concept of family or “immediate family”

differs marginally across cultures and countries. He also serves a human being with a mission to protect the nation and its people from any danger. In some countries, such as Switzerland, for example, it is considered voluntary for those who do not meet the conditions of service and are between the ages of 20 and 60 years. A volunteer is a person who voluntarily devotes himself to external coercion or pressure to help and support others, with the intention of doing work that requires effort and multiple forces in one, and volunteer work then seeks a cooperative human spirit between members of society alone and different communities. (3). The history of nursing and voluntary work has been inseparable since pre-Nightingale days and time beyond the establishment of nursing as a profession by her. Many were those who learnt nursing through volunteering by observing and caring for the sick on the battlefield, in mission houses, charity homes and individual homes. During the pre-Florence Nightingale era, the then nurses learned their health care delivery art through observation of others delivering care to the sick and oral traditions passed from generation to generation. This was so because; there was no formal nursing training or education. The early Christians with the ideals of charity, service to others and self-sacrifice volunteered in nursing patients in their homes, because they thought helping others was in harmony with their teachings. There was no profession as nursing; people always relied on those who knew the skill from their family, clan, tribe or friends to care for them whenever they fell sick in their own home, the safest place according to common perception. One of the Roman matrons or widows with educational background from the church who is credited with the setting up and operation of first Christian hospital in Rome was Fabiola, and Phoebe also noted for her expert nursing home care. (4). Volunteerism at the nursing home helps to arrest the problem of insufficient care, and at least meet the social needs of the residents experiencing loneliness and safety issues. Interested individuals and groups have been volunteering to help residents in nursing homes to enjoy some quality of life. (5) For this reason, a group of nursing students have offered themselves to volunteer in a nursing home in Jyväskylä(6), Finland.

2. Material and Methods:

The study began in (the city of Mecca in the Kingdom of Saudi Arabia), and the study ended with writing the data collection in September 2024. The researcher used descriptive analysis, an approach that uses quantitative or qualitative description of the social phenomenon (The role of nursing in health volunteering and its impact on society). The independent variable (The impact of health volunteer nursing and its impact on society globally) and the dependent variable (the impact of health volunteer nursing and its impact on society locally). This type of study is characterized by analysis, reason, objectivity, and reality. It is also concerned with individuals and societies, as it studies the variables and their impact on the health of the individual, society, and the consumer, and the spread of diseases and their relationship. For demographic variables such as age, gender, nationality, and marital status. Status and occupation ⁽⁷⁾, and use the Excel 2010 Office suite pie chart to sort the results ⁽⁸⁾. The questionnaire is a wonderful and useful tool for collecting a huge amount of data, but the researchers were not able to conduct personal interviews with the participants in the online survey, due to social distancing rules at the time to

prevent infection between participants and researchers and vice versa (Coronavirus sharing has not completely disappeared. of the community), and the questionnaire was only answered electronically, because the questionnaire consists of fifteen questions, all of which are closed-ended.

3. Results and discussion:

The participation rate in a questionnaire entitled (The impact of nursing through health volunteering and its impact on society) was 100%, and the gender of the participants, the percentage of males was 11.1%, and the percentage of females was 88.9%, and their nationality was 100% Saudi. As for marital status, it was as follows: married and it reached 66.7 %, single 11.1%, divorced 22.2%, widowed 0% (men and women of both sexes). As for their educational status, it was as follows: university 66.7%, postgraduate studies (master’s and doctorate) 11.1%, high school diploma holders 22.2%, and as for their professions, they were all male and female government employees. As for their responses to the questionnaire questions, they were as follows: The first question: Volunteering increases affection and compassion among Muslims? The second question: Provides opportunities for participation and interaction between volunteers, community members, associations and public institutions? Question Three: Helps and contributes to loyalty to society, understanding the development process, determining the priorities that society needs, and participating in decision-making? Question Four: Volunteering builds a CV? Question Five: Does it contribute significantly to benefiting society from the services provided through volunteering? Question Six: Volunteering helps with time management and strategic planning? Question Seven: What do volunteer nurses do to help provide basic nursing care to patients? Question Eight: Health education, raising the degree of activation of the role of volunteers, and building their capabilities to volunteer in the fields of humanitarian work? Question nine: Volunteering achieves an important part of happiness and self-satisfaction and has many benefits for the soul and society? Question ten: Is volunteer work one of the most noble and altruistic activities in terms of giving? Question Eleven: Nurses benefit from each other’s experiences and exchange experiences with each other while volunteering? Question Twelve: The Kingdom’s colleges contribute and support volunteering and its importance? Question thirteen: Volunteering establishes the concept of social responsibility? The penultimate question: Volunteering develops the skills of dealing and communicating with others? The last question: Does volunteering in nursing help in acquiring more medical skills and information? All previous responses had only one answer: yes 100%. (table no.1)

Table:no-1: Participants’ opinions about the role of nursing in health volunteering and its impact on society

the role of nursing in health volunteering and its impact on society	Yes	No	I don't know
Provides opportunities for participation and interaction between volunteers, community members, associations and public institutions?	100%	0%	0%
Helps and contributes to loyalty to the community, understanding the development process, determining the priorities that the community needs, and participating in decision-making?	100%	0%	0%
What volunteer nurses do is help provide basic nursing care to patients?	100%	0%	0%
Health education, raising the degree of activation of the role of volunteers, and building their capabilities to volunteer in the fields of humanitarian work	100%	0%	0%

There is a study entitled (AN EVALUATION OF A GROUP OF NURSING STUDENTS' VOLUNTEERING PROJECT IN A NURSING HOME, JYVÄSKYLÄ FINLAND) In 2014 to study bachelor's degree for Ebenezer Owusu-Afriyie Saara Jolkkonen, this study found that The results also reveal some interesting issues such as clients' way of showing appreciation that keeps volunteers interest alive, and factors that tempts the volunteers to believe that their work is not Appreciated or disregarded by some paid staff. The study also found what motivates the students to continue volunteering as the desire to improve their language and learn more about the Finnish culture. Some feel that the nurses have too much on their hands, so the desire to give them spare time in helping. Others believe they could also contribute to the society in their own small way, whilst another group thinks volunteering is a way of paying back to the society for the greater sacrifices the older generation has made.

4. Conclusion:

This study found that, It provided 100% opportunities for participation and interaction between volunteers, community members, associations and public institutions, I helped and contributed to loyalty to the community, understanding the development process, determining the priorities that the community needs, and participating in decision making by 100%, What the volunteer nurses did was help provide 100% basic nursing care to patients. Conducting health education, raising the degree of activation of the role of volunteers, and building their capabilities to volunteer in the fields of humanitarian work by 100%, proved that volunteering has a major role and its impact has been great in society.

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