

The Role of Nursing in Following Up Pregnant Women

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Abstracts

In case of health care management nurses are having a crucial role to play as because in any of the medical establishment, the survival of the system is dependent on the presence, performance, experience and knowledge of the nurses. Moreover, the expected results of any of the medical procedures are dependent on the, pre and post procedure, involvement of nurses. It can be viewed as a undocumented agreement between the nurses and doctors, nurses and patients and even nurses with nurses; in such an agreement, farthest role is being played by the nurses as they are supposed to assist the doctors in medical procedures, attend the patients in most critical conditions. This present study evaluates the scenario of nursing care during pregnancy in the selected hospitals of Saudi Arabia. Mostly the study is based on the secondary sources of data and evaluation is done at the individual level of researcher.

Keywords: Nurses, Hospitals, Pregnant patients, Saudi Arabia.

1. Introduction

Being a health care professional and performing as the same are two different components i.e., healthcare workers are trained for take-care of the patients and basic medical procedures. In case of health care management nurses are having a crucial role to play as because in any of the medical establishment, the survival of the system is dependent on the presence, performance, experience and knowledge of the nurses. Moreover, the expected results of any of the medical procedures are dependent on the, pre and post procedure, involvement of nurses. It can be viewed as a undocumented agreement between the nurses and doctors, nurses and patients and even nurses with nurses; in such an agreement, farthest role is being played by the nurses as they are supposed to assist the doctors in medical procedures, attend the patients in most critical

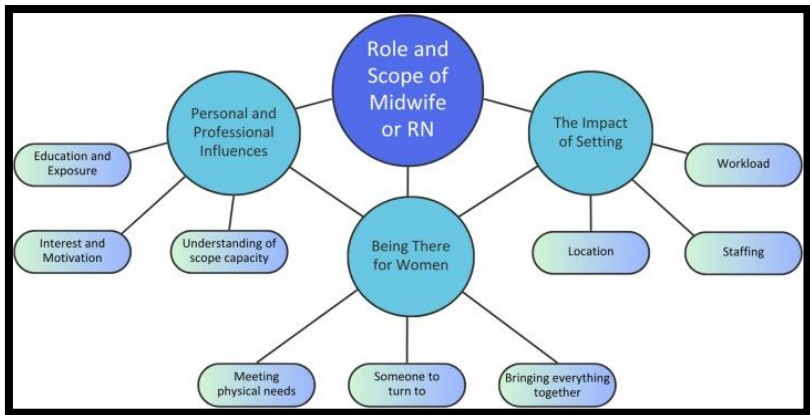
conditions. The role of the nurses can be established under the components of performance, key result areas, expected roles and even the individual experience. Heman et al (2018)

As far as the nursing profession is concerned, it started with the inception of first nursing education college in London (1860), interestingly the founder of this college was Florence Nightingale who claimed that nursing is a noble profession and need of the times. Starting with the deployment of nurses in the same medical college i.e. St. Thomas Medical College, London. With the increasing advancements in the field of medical sciences and even the same in information technology the intake of patients has increased all over the world and in the same manner need of nurses has also increased. Bhatt et al (2018) In the medical profession, nurses are the only entity that is associated with the patients in terms of take-care, with the families of the patients in terms of empathy and with the doctors in terms of medical knowledge and self-assessment. Then on the other hand, nurses are having accountability towards the social groups and society at large. In the developing country like Saudi Arabia where a female engaged in a profession for earning money is not viewed with a positive attitude. Blakeney et al (2019) In the semi-urban and rural areas, the society is not in conjugation with the late hours of duty, night shifts and even working with male doctors and patients. Apparently, every other patient in the country is looking forward to qualified and experienced nurses that can take care of one of their own. These are the dual standards of the society but then again, nursing profession is away from all these societal calamities and their only determination is to heal the patient with all the available resources and self-determination.

Nursing has advanced from that time and set out on the way of looking and shaping a set of proficient parts in a way which permits its specialists to alter best to the person needs and desire of patients, their families, other social bunches, and the more prominent society. Within the advanced world, nursing is getting to be increasingly an important field, pointing to supply people with superior therapeutic and socio-psychological offer assistance, together with guaranteeing the common populace is in ideal wellbeing condition. WHO (2022) For a long time, numerous errors have showed up as to what the calling really is and a few generalizations have moreover risen.

2. The Role of Nurses for Pregnancy Cases:

The proficient part of nursing is conditioned upon the put designated to the nursing field among the other therapeutic callings. In common, a nurture satisfies certain medical/social capacities. Among these are persistent care, educational, wellbeing advancement, preventative care, restorative and rehabilitative care.



Nicole et al (2024)

Figure 1: Role of Nurses and Midwives in Pregnancy Cases

The specific work of a nurture within the therapeutic field of obstetrics is primarily centered on prophylaxis, but medical caretakers too play an extraordinary part in diagnostics, treatment and recovery. Wakefield et al (2021); Briscoe et al (2016) Obstetrics as a field of pharmaceutical is closely related to gynecology and points at ensuring the wellbeing of a pregnant lady and the creating hatchling. It bargains with theory and hone within the scope of pregnancy, labor and childbirth. Within the writing on the subject, it is emphasized that this restorative forte employments the improvement and advance of other areas of medication (such as, immunology, hematology, bacteriology and endocrinology) and specialized sciences (for illustration, electronic-sensing and ultrasonography) to empower baby checking so as to indicate the arrangement of the embryo and its measure, record the fetal heart function and uterine withdrawal, recognize arrangement and discover placental pathology, in arrange to supply vital therapeutic activity.

This present study was conducted to assess and determine the role of nurses in the cases of pregnancy and even the other midwifery staff for ensuring the healthy pregnancy. The sub-objectives of the study can be the support provided by the nurses and the related staff for the pregnant women, assessing the expectations of the patient in such cases and pre and post-natal care delivered by the nurses. Colciago et al (2024)

3. Research Process:

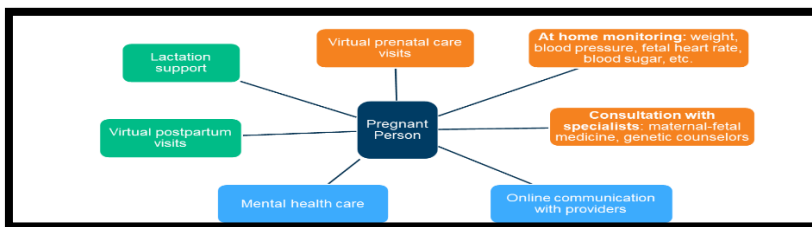
- This study is based on secondary data and the researcher has used the secondary data for reaching the research gaps, establishing objectives and even looking of the reference of previous studies in the recent past.

- Most of the considered studies were for the period of 10 years i.e. 2012 to 2022, stated in the references as well.
- Major sources of the references considered were research papers from the national and international journals, student Ph.D. thesis, articles from the medical journals and other related sources.
- The main point of contact in this present study were the nurse's providing consultancy and care to the pregnant patients.
- the consultancy provided by the nurses are recorded and analyzed theoretically by the researcher and compared the same with the previous studies.
- The results are given in the form of conclusion and discussion in the later sections of this study.

4. Components of Nursing Care:

1. Consultancy

With respect to patterns in pre-birth care in chosen clinics of Saudi Arabia, the significance of inviting and holding was highlighted. Inviting is a moral pose that includes tuning in to the patient's complaints, recognizing her as a hero within the wellbeing and ailment prepare, with obligation for understanding them and for the enactment of knowledge-sharing systems. Amid the member perception, it was taken note that the nurture, when calling the pregnant lady for the care, gotten her with a grin. Within the setting of women's health, the nurture plays a critical part within the humanization of care, as the pregnancy handle and the postpartum period are saturated by sentiments of fear and frailty. Scheele et al (2020); Kröner et al (2019); WHO (2021) For the members within the focus gather, inviting is when the nurture is mindful, bonds with the pregnant lady, when there's an estimation, and when the nurture compares to her desires. In this manner, inviting can be caught on as portion of the work reorganization prepare, and as an essential posture/practice for wellbeing experts, ensuring get to, problem-solving capacity and holding within the wellbeing benefit.



Source: Gabriela et al (2020)

Figure 2: Components of Nursing Care During Pregnancy

2. Problem-solving ability:

A few pregnant ladies considered that the problem-solving capacity of the nursing discussion was restricted, as they translated the referral of the nurture to the restorative proficient as the nurture having small information. Sochas et al (2019); Alnuaimi et al (2019) This condition happens when the pregnant lady needs medicate treatment, particularly including anti-microbials. From the perspective of the pregnant lady, this development, in spite of the fact that going to proficient specifics and the requests of the program, is experienced as insignificant, one proficient advance to the other. The pregnant lady does not get it these diverse proficient abilities and encounters them as proficient ineptitude and as the failure to fathom their issues. The medical caretakers at the health Center detailed that, in a few cases, they forward the pregnant ladies to the therapeutic proficient as, indeed in spite of the fact that they have the regulation information and authorization to endorse the vital anti-microbial, now and then it isn't accessible at the drug store and, to get medicine exterior the chosen clinics of Saudi Arabia, a restorative medicine is required. Downe et al (2019); Sossauer et al (2019)

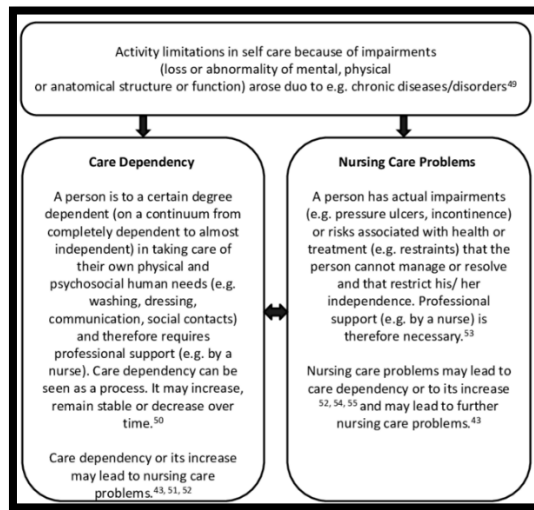
3. Physical examination:

The medical attendants execute the physical examination well, and the data passed on is able to console the pregnant lady. In a ponder around the quality of the pre-birth care prepare, it was portrayed that pregnant ladies going to the Family Wellbeing Units are more regularly physically inspected, emphasizing the significance of the Family Wellbeing Technique as a care organization show. Agreeing to the pregnant women's explanations, be that as it may, the medical caretakers were not concerned with exploring the pregnant women's mental wellbeing status as one of the tomahawks of the nursing interview, primarily their disposition, which is important amid the pregnancy and postpartum, when it might emphatically affect the accessibility to require care of oneself and care for the newborn child. De Andrade Costa A et al (2018); Fernandes et al (2017) There still appears to be a long way to go in joining mental wellbeing into fundamental care in spite of the fact that. A few mental disarranges amid pregnancy, such as stretch and uneasiness, appear an affiliation with moo birth weight, which is considered to be a figure affecting the wellbeing of the infant and the pregnant lady. In this manner, considering modern points of view for care connections in pre-birth care ought to be prioritized over the biomedical demonstrate so that a modern care show can be viably accomplished.

4. Perceived Issues:

Even with conceptual priority, to guarantee the delivery bed, the question of referral and counter-referral is not yet a reality in the service studied, so that pregnancy and postpartum are still weakly connected. Burns et al (2019); Nachinab et al (2019) The results of a study emphasize that 18% of the women reported peregrination, being more frequent in women living in the Northeast. In this context, it is emphasized that one of the objectives of the ERC is to establish a link between the pregnant woman and the maternity hospital of reference. In another research, the precariousness of the health system, which considerably restricts the access to the services offered, can be considered as obstetric violence. The lack of drugs prescribed by the nurse (acetaminophen, folic acid, ferrous sulfate, cephalixin, among others) in the basic pharmacy

negatively affected the quality of the consultation, generating anxiety in the pregnant woman and the non-resolution of her health and prevention problems. Some pregnant women, even knowing that this test can be done by the SUS, decide to perform it in the private network, given the continuing difficulty to schedule and to receive the result. Firdous et al (2020) There is a reference service for the ERC to get the ultrasound examination, but there is a three-month delay to receive the result, according to the focus group. In the study on prenatal care, the discomfort caused by the fact that they had to pay the ultrasound to obtain an immediate result was also highlighted. In a study on prenatal care, these findings were confirmed, because the pregnant women reported delayed delivery of the exams and also to schedule others. Although it can be scheduled and performed, there is a delay of three months to receive the result, rendering the preventive nature of the treatment unfeasible.



Source: Christa et al (2015)

Figure 3: Limitations of Nursing Care

Many pregnant women seek the result of the preventive exam, but it will take a minimum of two months to be accessible. The participants in the focus group confirmed that the result of the preventive examination takes about three months to be ready, which negatively affects the pregnant women and the treatments that are necessary for the first pregnancy term. The nurses are dissatisfied with the pregnant women's return from the medical consultation as these professionals do not schedule a return appointment to another health team member, causing the pregnant woman to resort to the scheduling sector. In the focus group, however, the nurses reported that this problem was already being resolved. The implementation of the, entailed improvements for the quality of the services offered to the pregnant woman, mainly with regard to the scheduling of nursing consultations. This issue produces an accumulation of many minutes of unease, especially for the last minutes of the day. The importance of assiduousness and the

punctuality of the nurse as a professional commitment are highlighted. The problem related to the waiting time for care was also evident in the literature, when the pregnant women mentioned it as one of the main factors hindering the prenatal care. Little readiness to answer the pregnant women's questions was observed, with delayed responses, without looking up from the paper and without signs of courtesy, such as wishing when arriving at the service. Furthermore, it was observed that some employees started working without greeting the pregnant women, without greeting. In some cases, courtesy, when it was available, was directed only to co-workers. The importance of welcoming is highlighted, from the arrival to the reception to the exit from the office, being important, although of indirect impact, for satisfactory prenatal care.

5. Conclusion:

The acclaimed results of this present study characterizing of the point of the proficient parts of nursing and birthing assistance staff, their key comes about regions and their pivotal competencies from the patient's point of see. The nurses and midwives work within the selected hospitals is exceedingly acknowledged by pregnant ladies. As is obvious in our work, medical attendants and birthing specialists bolster them sincerely and informationally, talking with them almost their concerns and stresses. The energy to go to courses organized by medical attendants and maternity specialists bears witness to the incredible believe of pregnant ladies for the staff. In comparing the comes about of our claim inquire about to the comes about of the supposition surveys conducted by the quality segments of the chosen clinics of Saudi Arabia on the premise of such supposition surveys it can be accepted that the portrayed circumstance is the result of the nonstop development of nursing and birthing assistance administrations and polished skill which has come approximately through on-going preparing. This conclusion is upheld by way of the positive appraisal of the elements of changes concerning the most criteria of evaluation amid the period of the year going before our possess investigate.

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